May-19

Edge High School

Menu

Menu				
		Wednesday 1	Thursday 2	Friday 3
		Lunch	Lunch	Lunch
		Chicken Strips	Beef & Potato Tostada	Pepperoni Pizza
		Cheese Quesadilla	Bean & Cheese Tostada	Cheese Pizza
		French Fries, Fruit of the day	Refried Beans, fruit of the day	Broccoli, fruit of the day
		Variety of Milk *	Variety of Milk *	Variety of Milk *
		Breakfast	Breakfast	Breakfast
		Egg & cheese burrito	Cinnamon roll w cracker	Waffle w sausage
		Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker
		Variety ofMilk *	Variety of Milk *	Variety of Milk *
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Lunch	Lunch	Lunch	Lunch	Lunch
Cheese Burger	Terivaki Chicken w Rice	Beef & Potato Burrito	Sloppy Joe	Pepperoni Pizza
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Cheese Quesadilla	Southwest Salad Wrap	Bean & Cheese Burrito	Veggie Wrap	Cheese Pizza
French fries, fruit of the day	Green Beans, Fruit of the day	Refried Beans, fruit of the day	carrots, fruit of the day	Broccoli, fruit of the day
Variety of Milk *	Variety of Milk *	Variety of Milk *	Variety of Milk *	Variety of Milk *
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Chorizo burrito	Yogurt w graham craker	Egg, sausage & cheese muffin	Bagel w cream cheese	Egg, potato & cheese burrito
Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker
Variety of Milk *	Variety of Milk *	Variety of Milk +	Variety of Milk *	Variety of Milk *
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Nuggets	Turkey Corndog	Beef Chilaquiles	Chicken Quesadilla	Ham & Cheese Sub
Veggie wrap	Bean & Cheese Burrito	Cheese Chiaquiles	Cheese Quesadilla	Veggi e Sub
Corn, Fruit of the day	Green Beans, frui tof the day	Carrots, fruit of the day	Refried Beans, fruit of the day	Broccoli, fruit of the day
Variety of Milk *	Variety of Milk *	Variety of Milk *	Variety of Milk *	Variety of Milk *
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Chorizo burrito	Muffin w graham craker	Bacon & egg burrito	Danish w graham cracker	Omelet bar
Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker
Variety of Milk *	Variety of Milk *	Variety of Milk *	Variety of Milk *	Variety of Milk *
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Lunch	Lunch	Lunch	Lunch	Lunch
Beef Mac & Cheese	Chicken Patty	Baked Ziti w meat sauce	Chicken Tacos in sauce	Pepperoni Pizza
Southwerst Salad w bread	Fiesta Wrap w Cheese	Baked Ziti w meat sauce	Potato & veggie Tacos	Cheese Pizza
Corn. Fruit of the day	Green Beans, Fruit of the day		Refried bean, fruit of the day	Broccoli, fruit of the day
		Carrots, fruit of the day		
Variety of Milk *	Variety of Milk *	Variety of Mile *	Variety of Milk *	Variety of Milk *
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Chorizo burrito	Egg, ham & cheese burrito	FrenchToast w sausage	Cinnamon roll w cracker	Bacon & egg burrito
Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker	Cereal w graham cracker
Variety of Milk *	Variety of Milk *	Variety of Milk *	Variety of Milk *	Variety of Milk *
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		* Variety of milk is offered daily:		
		Low Fat milk, 1% milk		
		Fat Free chocolate, juice		J
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MENUS SUBJECT TO CHANGE Website: www.healthyinnovationsaz.com

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