



**Jan-19**

**Edge High School**

**Menu**

|   | <b>Tuesday 8</b>  | <b>Wednesday 9</b>   | <b>Thursday 10</b>  | <b>Friday 11</b>   |
|---|---|--|---|--|
| <b>NO SCHOOL</b>  | <b>Lunch</b><br>Beef Nachos<br>Cheese Nachos<br>Green Beans, Fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Muffin w graham craker<br>Cereal<br>Variety of Milk   | <b>Lunch</b><br>Chicken Strips<br>Cheese Quesadilla<br>French Fries, Fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Egg & cheese burrito<br>Cereal<br>Variety of Milk  | <b>Lunch</b><br>Beef & Potato Tostada<br>Bean & Cheese Tostada<br>Refried Beans, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Cinnamon roll w cracker<br>Cereal<br>Variety of Milk                            | <b>Lunch</b><br>Pepperoni Pizza<br>Cheese Pizza<br>Broccoli, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Waffle w sausage<br>Cereal<br>Variety of Milk                                |
| <b>Monday 14</b><br><b>Lunch</b><br>Cheese Burger<br>Cheese Quesadilla<br>French fries, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Chorizo burrito<br>Cereal<br>Variety of Milk   | <b>Tuesday 15</b><br><b>Lunch</b><br>Teriyaki Chicken w Rice<br>Southwest Salad Wrap<br>Green Beans, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Yogurt w graham craker<br>Cereal<br>Variety of Milk | <b>Wednesday 16</b><br><b>Lunch</b><br>Beef & Potato Burrito<br>Bean & Cheese Burrito<br>Refried Beans, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Egg, sausage & cheese muffin<br>Cereal<br>Variety of Milk | <b>Thursday 17</b><br><b>Lunch</b><br>Sloppy Joe<br>Veggie Wrap<br>Carrots, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Bagel w cream cheese<br>Cereal<br>Variety of Milk                                    | <b>Friday 18</b><br><b>Lunch</b><br>Ham & Cheese Sub<br>Veggie Sub<br>Broccoli, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Egg, potato & cheese burrito<br>Cereal<br>Variety of Milk |
| <b>MLK HOLIDAY</b>  | <b>Tuesday 22</b><br><b>Lunch</b><br>Turkey Corndog<br>Bean & Cheese Burrito<br>Green Beans, Fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Muffin w graham craker<br>Cereal<br>Variety of Milk         | <b>Wednesday 23</b><br><b>Lunch</b><br>Beef Chilaquiles<br>Cheese Chilaquiles<br>Carrots, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Bacon & egg burrito<br>Cereal<br>Variety of Milk                        | <b>Thursday 24</b><br><b>Lunch</b><br>Chicken Quesadilla<br>Cheese Quesadilla<br>Refried Beans, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Danish w graham cracker<br>Cereal<br>Variety of Milk             | <b>Friday 25</b><br><b>Lunch</b><br>Pepperoni Pizza<br>Cheese Pizza<br>Broccoli, fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Omelet bar w tortilla<br>Cereal<br>Variety of Milk       |
| <b>Monday 28</b><br><b>Lunch</b><br>Beef Mac & Cheese<br>Southwest Salad & Bread<br>Corn, Fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Chorizo burrito<br>Cereal<br>Variety of Milk | <b>Tuesday 29</b><br><b>Lunch</b><br>Chicken Patty<br>Fiesta Wrap w Cheese<br>Green Beans, Fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Egg, ham & cheese burrito<br>Cereal<br>Variety of Milk        | <b>Wednesday 30</b><br><b>Lunch</b><br>Baked Ziti w Meat Sauce<br>Baked Ziti w Cheese<br>Carrots, Fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>French toast w sausage<br>Cereal<br>Variety of Milk             | <b>Thursday 31</b><br><b>Lunch</b><br>Chicken Tacos in Enchilada<br>Potato & Veggie Tacos<br>Refried Beans, Fruit of the day<br>Variety of Milk<br><b>Breakfast</b><br>Cinnamon roll w cracker<br>Cereal<br>Variety of Milk |  |

**Foodservice Director: Christian Lerma (520) 495-5533**  
**MENUS SUBJECT TO CHANGE Website: [www.healthyinnovationsaz.com](http://www.healthyinnovationsaz.com)**

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).